

## This Week

**Sunday** 8am-1pm Sunday Worship 7:30pm  
LGBT meet

**Monday** 9:30am Churchyard 2pm Monday  
Group 7pm Bellringing 8pm Mandolin Monday

**Tuesday** 9:30am Theme and planning meeting  
6:30pm Office Hour 7:30 pm Accordion Band  
7:30 PCC Meeting

**Wednesday** 9:00am Church cleaning 12noon  
Words and Music 1.30pm Knitting 6pm Planning  
meeting.

**Thursday** 9.30am Morning Prayer 12noon Jazz  
6:30pm HYB 8pm worship Group practise

**Friday** 10am Let's Go 12noon Jazz 3:30pm  
Children's Event 7pm St John's singers

**Saturday** Grundon room Hire 4pm Baptism

## Services

Early Morning: 8am, 8.30am

Mid-Morning: 9.30am Songs of Praise  
10-11am Welcome, Worship,  
Word & Communion

Late Morning: 11.30am, 12pm  
with lunch @ 12.30pm

## Contact Us

St John's Church, Royal Lane, Hillingdon,  
Middx, UB8 3QP

### Vicar: Alan Bradford

01895 477381

abradford@hotmail.co.uk

Alan is not available on Mondays

### Church Administrator: Nikki Bell

Wed and Thurs mornings 07972 618584

stjohnshillingdon@gmail.com

## Website

[www.stjohnshillingdon.org.uk](http://www.stjohnshillingdon.org.uk)

## Facebook Page

[www.facebook.com/StJohnsHillingdon](http://www.facebook.com/StJohnsHillingdon)



## Facebook Group

[www.facebook.com/116263285313](http://www.facebook.com/116263285313)

## Twitter

@SJohnHillingdon



St. John's Church Hillingdon

The Link 

Sunday 4 Feb 2018

Welcome to St John's. We hope you  
enjoy worshipping with us.

**Tot's praise 10am in the meeting  
Room**

**Junior Church Today 9:45am in the  
Grundon room**

**Theme: Kingdom is near!**

## Readings:

**Mark 3:1-6** Jesus heals on the Sabbath

Another time Jesus went into the synagogue, and a man with a shrivelled hand was there. Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. Jesus said to the man with the shrivelled hand, 'Stand up in front of everyone.'

Then Jesus asked them, 'Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?' But they remained silent.

He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, 'Stretch out your hand.' He stretched it out, and his hand was completely restored. Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus.

**Mark 5:1-11** Jesus restores a demon-possessed man

They went across the lake to the region of the Gerasenes. When Jesus got out of the boat, a man with an impure spirit came from the tombs to meet him. This man lived in the tombs, and no one could bind him anymore, not even with a chain. For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. Night and day among the tombs and in the hills he would cry out and cut himself with stones.

When he saw Jesus from a distance, he ran and fell on his knees in front of him. He shouted at the top of his voice, 'What do you want with me, Jesus, Son of the Most High God? In God's name don't torture me!' For Jesus had said to him, 'Come out of this man, you impure spirit!'

Then Jesus asked him, 'What is your name?' 'My name is Legion,' he replied, 'for we are many.' And he begged Jesus again and again not to send them out of the area.

A large herd of pigs was feeding on the nearby hillside.

## Mark5:12-20

The demons begged Jesus, 'Send us among the pigs; allow us to go into them.' He gave them permission, and the impure spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned.

Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. Those who had seen it told the people what had happened to the demon-possessed man – and told about the pigs as well. Then the people began to plead with Jesus to leave their region.

As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. Jesus did not let him, but said, 'Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy on you.' So the man went away and began to tell in the Decapolis how much Jesus had done for him. And all the people were amazed.

**Question Point to Ponder:** How do you experience the Kingdom of God in your life today?

### Today-

Junior Church in the Grundon room at 9:45am & Tot's Praise in the meeting room at 10am

The Holy Communion Bread and Wine has been kindly donated by Peter and Lynda Janssens. In remembrance of Stephen Gavigan

**Coffee is served by:** Liz and Diana

**Prayer Ministry available** in the Prayer Chapel during mid-morning communion.

**LGBT Group Tonight at 7.30pm in church** for any Christians and those interested in Christianity, for people who identify as lesbian, gay, bisexual, transgender and their straight friends, for mutual support

### For your prayers:

Stephen Gavigan who died in tragic circumstances on 16th Jan.

prayers for his parents for his and his whole family. Tony Sheffield

The Family and friends of Harry, George and Josh who tragically died on Friday 26th Jan

### Theme for Jan, Feb, Mar

The planning team thought it would be good for us to have a good look at Mark's Gospel which is one of 4 gospels in the New Testament, it is the shortest with 16 Chapters. It is a fast-paced account! We will look at 3 main sections of the book, as given above, taking a section for each month January, February and March.

For an overview, please watch the You Tube introduction from The Bible Project to be found at this Link:

<https://www.youtube.com/watch?v=HGHqu9-DtXk&t=229s>

## ECO News



Use your purchase power! Everything you buy has a footprint, so try to choose products that have been sustainably sourced. Buy seasonal produce that's been grown or sourced responsibly, look for things with minimal packaging to reduce the amount of waste you're sending to landfill, and buy second-hand when you can – a large part of an item's footprint often comes from production. If you can't find what you're looking for, ask the vendor why not! for more useful tips [www.wwf.org.uk](http://www.wwf.org.uk)

**Recycling event** organised by the West London Waste Authority from 19th to 25th February, where people can take any small unwanted electrical items to Uxbridge library. More info [westlondonwaste.gov.uk](http://westlondonwaste.gov.uk) or from Uxbridge library. (Recently in The Hillingdon People magazine)

You are invited to a Brunel University lecture: Plastic, Pollution & Planet: Stemming the Rising Tide. Wednesday 7th at 6.30pm. It's free but you need to book: [www.brunel.ac.uk/PublicLectures](http://www.brunel.ac.uk/PublicLectures)

## General News

**Energise and Chill Event** with a very special guest Ed Freitas. Event open to all Parents and Children of Primary School age in Church on Friday 9th February 2018 from 3:30/4pm start until 5:30/6pm

**St John's Lent Course** Difficult Questions of the Faith on the following Saturday's 10am-12pm 24th Feb, 3rd March, 10th March and the 17th March.

**Hillingdon Winter Night Shelter** Donations needed for the homeless. The shelter is running until March 4th and the following toiletries are urgently needed: Toothbrushes, Toothpaste, Bath and shower gel, Shampoo, Moisturiser, Razors for shaving, face cloths, Deodorant. Please bring donations to church and we will deliver them.

**Hillingdon Hospital** would be very grateful for any amount of Fidget/Twiddle blankets/muffs for patients with Dementia. They are given to the patients who take them home with them when they leave. They are a lap sized blanket not more than 24" x 24", can be knitted or sewn, with various textured materials sewn on i.e. buttons, ribbon, zips, fur, beads etc. if anyone would be interested in participating in making some, or donating wool or bits and pieces that can be sewn on. Please see Brenda Thomas for information or the link to the website. Win from the Wednesday knitting group is happy to make some and offer help to anyone who would like to help too.

**Godspell** is being performed at Winston Churchill Hall in March by KLOS Theatre group. Tickets £15 £13 concessions. If anyone would like to go on Friday March 9th 7.30pm Christine Bartlett will organise tickets.

**Stewardship:** if you pledged a different amount and you pay by standing order- don't forget to tell your bank. If you are in the envelope scheme, your packs for 2018 are at the back of church.